



## **Kabbalah, an inner path for Self development** **(English Spoken)**

Kabbalah is an universal knowledge which transcends all dogmas and religious doctrines.

It is wisdom of such a depth that helps you to understand your place in the world, to take perspective in life and integrate all the important matters involving your existence, not only in your daily life issues, but concerning your fate and destiny.

In these 3 days introductory course, we will explore the very basis of Kabbalah under a modern and contemplative way, developed by Teacher Zev Ben Simon Halevi.

### **Contents:**

Brief history about Kabbalah  
Jacob's Ladder and the Tree of Life (The Four Worlds)  
Kabbalah, an inner path for Self Realization  
The Path of Kabbalah  
How to be in the World as a Kabbalist

### **Dates:**

Saturday 30th September

Saturday 7th October

Saturday 14th October

From 10:00 to 12:00 hrs.

Price: Course of 3 Saturday mornings of 2 hours session €60.0

**About the Teacher:** Paola Bobadilla is psychologist, student and disciple of Zev Ben Simon Halevi for more than 10 years. She has studied and taught Kabbalah in England, Chile and Holland. She lives and practices as a transpersonal psychotherapist in Utrecht – Holland.

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