## Workshop: Kabbalah and the way of myth (Hawkwood college, Stroud UK 31<sup>st</sup> August & 1<sup>st</sup> of September 2020)

In this course we will explore through theory and practice, the metaphysics of Kabbalah in relation to the rich inner world of the collective unconscious. The way of Kabbalah and myth is the path into ourselves.

**Tutor biography**: Mike Bais, born and living in the Netherlands is by profession a physiotherapist and a teacher in university for medical and therapeutic studies. He has run his practice for over 18 years where he gives counseling and therapy from a holistic perspective. He teaches the esoteric ways of the west in particular the tradition of Kabbalah (Toledano) and has written many articles on these subjects and is the author of the book: "A Kabbalistic view on science". He is an ordained priest in the mystical-Christian tradition. He also leads a group called the 'companions of the Round Table'.

In this course the metaphysics of Kabbalah will meet the wisdom of mythology. They will cross-fertilize each other as we work towards synthesis between this deep knowledge of the collective unconscious and that of the Tree of Life and Jacobs Ladder. The course will be dynamic as we integrate theory and practice and tap into the richness of the many mythological traditions that the worlds knows. It will be a personal journey into ourselves as the myth and Kabbalah are eventually about our inner life.

## At a glance:

- Intune to the myth on a personal level (living your own myth)
- Integrate Kabbalah and mythological concepts
- Practice our myths & Kabbalah so we have direct experience of them

## What will participants gain:

- Greater understanding and insights into the world of myth and Kabbalah
- Self-knowledge through the instructive and animating power of myth
- Learning more about the psychological and metaphysical structure of myth
- Practical application of the way of myth and Kabbalah in your personal life

## Main content:

Myth is as old as the human psyche, speaking its own language ever since. Kabbalah is an ancient tradition that has the metaphysical teachings to explain mythological concepts and make them real in our personal world of experience. Myth, like dreams have always been a mystery for most of mankind. It talks through metaphor, symbol, analogy and the heart. To participate in the myth is to participate in the language and that mysterious world of dreams and the imagination. Like it was said: 'myth is something that never happened and is always happening'.

Join us in this dynamic course, where we will work with old texts, poetry, meditations and some practice, to express the myth in and through our own being. Like Joseph Campbell said: the myth has four functions which are a social & pedagogical, psychological & moral, metaphysical and mystical function. The Kabbalah in this course will explain what these mean for us personally. Joseph Campbell, the concept of the hero's journey, Jungian analysis, alchemy, the Tree of Life and Jacobs Ladder of the Kabbalah will guide us in these days at **Hawkwood College**. If you wish to live your myth or grow closer to the myth you are already in-tuned with, this course might be something for you. For more information contact <a href="mikebais@rocketmail.com">mikebais@rocketmail.com</a> or hawkwoodcollege.co.uk